

STCW Elementary First Aid

Scope and Objective

This training is intended to meet the requirements set out in Section A-VI/1 of the STCW Code for training in elementary first aid and unit A11 of the marine national occupational standards.

The training forms part of the requirements for basic training for seafarers employed or engaged in any capacity on board ship on the business of that ship as part of the ship's complement with designated safety or pollution prevention duties in the operation of the ship. The training must be undertaken before new entrants are assigned to any such shipboard duties.

The objective of the training is to give all persons intending to go to sea a basic knowledge of the immediate action to be taken upon encountering an accident or other medical emergency aboard ship.

Course duration

The course duration is one day, including practical sessions on CPR using manikins.

Teaching ratio

12:1

Pre-Course Knowledge

Nil

Syllabus

Session 1

Assessment, immediate actions and the priorities within first aid.
Unconsciousness and the recovery position
CPR
Drowning
Breathing difficulties

Session 2

Failure of the circulation: shock
Blood loss and the control of bleeding
Recognition of internal bleeding
Angina and heart attack.

Session 3

Levels of response and the AVPU scale.
Head injury: concussion and compression.
Immersion hypothermia and cold shock
Burns, including sunburn.
Exposure hypothermia/hyperthermia
Seasickness and dehydration
Diabetic emergency
Seizures

Session 4

Fractures, including spinal injuries
First aid kits
Advice or assistance by radio
Medivac.....casualty evacuation by helicopter.

Session 5

For the skippers of MCA coded boats:
The contents and use of the category C first aid kit, including the pocket mask.

Certification

Achievement of the desired standard of competence will be attested to by a certificate issued by the centre. The Certificate will state that the candidate has; completed a programme of training by the Maritime and Coastguard Agency as meeting the requirements laid down in: STCW 95 Regulation VI/1 and paragraph 2.1.3 of Section VI/1 of the STCW Code.