

Outer Cover for List of Crew and List of Young Persons

MSF 4156 (Rev 11/13)

	<u> </u>	1	1				
Name of ship:	Port of choice	Official number	Gross tonnage				
*M/V, *"S/S., *M/Y, *S/Y			Nett tonnage				
			Nett tormage				
			Kilowatts				
(*Delete whichever is inappropriate)							
Name and address of shipowner		Description of the ship (e.c	g. passenger ship, tanker, ferry, general				
		cargo, bulk carrier, motor yacht, sailing yacht etc)					
Date and place of commencement of list of	of crew	Date and place of termination of list of crew					
Date		Date					
Place		Place					
Signature of master		Signature of master					
OFFICIAL USE							
Received by the Maritime and Coastguard	d Agency/British Consul						
at	on						
			Transport				
			iransport				



LIST OF (CREW AND S	IGNATURES OF S	EAFARERS SERVING ON	(name of vess	sel) MSF 4157 (Rev 9/2013)
(a) Reference No. in Log Book	(b) Name of Seafarer (block letters) (e) Address of Seafarer		(h) Date of commencement of employment on board (k) Signature of Seafarer on engagem		
	(c) Discharge Book No. (if any) or date and place of birth(d) Name of Ship in which last employed.		(f) Name and relationship of next of kin	(i) Date and place of leaving the Ship	 (I) Signature of Seafarer on discharge or if not discharged, the reason for being left behind, i known. (m) Signature of person before whom the Seafarer is discharged.
			(g) Address of next of kin if different to seafarer	(j) If discharged the reason for discharge	
(a) (b)			(e)	(h)	(k)
	(c) (d)		(f)	(i)	(I)
			(g)	(j)	(m)
(a)	(a) (b) (c)		(e)	(h)	(k)
			(f)	(i)	(1)
(d)			(g)	(j)	(m)
(a)	(b) (c) (d)		(e)	(h)	(k)
			(f)	(i)	(1)
			(g)	(j)	(m)
(a)	(b)		(e)	(h)	(k)
	(c)		(f)	(i)	(1)
	(d)		(g)	(j)	(m)
	CE	ERTIFICATES OI	COMPETENCY HELD BY SEA	FARERS LISTED ABOVE (State	if none held)
Reference No. (as above)	Capacity in which employed	No. of Certificate of Cor Equivalent Competency	npetency, Describe in full the Certificate	of Competency, Equivalent Competency held incluents etc) and the Country of issue	/



LIST OF YOUNG PERSONS

SUMMARY OF THE PROVISIONS OF SECTION 55 OF THE MERCHANT SHIPPING ACT 1995; THE MERCHANT SHIPPING AND FISHING VESSELS (HEALTH AND SAFETY AT WORK) EMPLOYMENT OF YOUNG PERSONS) REGULATIONS 1998 (AS AMENDED); AND, THE MERCHANT SHIPPING (HOURS OF WORK) REGULATIONS 2002 AS AMENDED BY THE MERCHANT SHIPPING (MARITIME LABOUR CONVENTION) (MINIMUM REQUIREMENTS FOR SEAFARERS etc.) REGULATIONS 2014

(This summary is required to be included in every list of crew)

No person under 16 years of age may be employed in any ship to which the Maritime Labour Convention applies.

Where young persons (i.e. persons over 16 years of age and under 18 years of age) are employed in a ship, appropriate measures shall be taken to protect them from the risks to their health and safety which

are a consequence of their lack of experience, absence of awareness of existing or potential risks, or lack of maturity.

Young persons under the age of 18 may not begin work, unless -

• an assessment has been carried out of the risks to their health and safety as a result of their inexperience, absence of awareness of risks, or lack of maturity.

• the young persons have been informed of the findings of that assessment, and appropriate measures taken for their protection.

Young persons shall not be employed in work which is objectively beyond their physical or psychological capacity or otherwise involves exposure to the risks identified in the Schedule to the Regulations, unless that work is-

- indispensable for their vocational training; and
- is performed under the supervision of a competent person.

Young persons shall be provided with

- a rest period of 12 hours in every 24 hour period;
- a rest period of 2 days in every week;
- where daily working time is more than four and a half hours, a rest period of 30 minutes;



except where the young person is working -

• under a schedule of duties complying with regulation 9 of the Merchant Shipping (Safe Manning, Hours of Work and Watchkeeping) Regulations 1997, or

• under another relevant agreement; or

in which case they shall be allowed compensatory rest time and measures shall be taken to ensure that there is no risk to their health and safety.

Young persons under 18 years of age must not work, or be employed or engaged to work, at night on a ship except where:-

- the effective training of the seafarer, in accordance with established programmes and schedules, would be impaired by its application, and
- the specific nature of the duty or of a recognised training programme requires that the seafarer performs duties at night and the work to be carried out is specified in Merchant Shipping Notice 1838(M) as not being detrimental to the health and well-being of young persons under the age of 18.

In this context "night" means a period the duration of which is not less than nine consecutive hours, and which starts no later than midnight and ends no earlier than 5 a.m. (local time).

Young persons shall be entitled to a free assessment of their health and capacities before starting work in a ship, and to free monitoring of their health, where the risk assessment identifies a significant risk to their health or where they are regularly required to work at night, for as long as they are exposed to that risk.

Young persons shall not be employed in any capacity unless the Master is in possession of a Medical Certificate issued by a duly qualified medical practitioner certifying that person is fit to be employed in that capacity. In cases of urgency a proper officer may authorise a young person to be employed without a certificate up to but not beyond the first port of call where there is a duly qualified medical practitioner.

Every List of Crew must have a copy of this summary appended to it together with a list of all members of the crew under 18 years of age with the dates of birth and dates on which they became employed in the ship. This applies irrespective of whether or not any young persons are employed on the ship.

The above provisions do not apply to a fishing vessel or other vessel not subject to the provisions of the Maritime Labour Convention. Such vessels however remain subject to the provisions set out on form MSF 4129



LIST OF YOUNG PERSONS

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Reference No. in List of Crew	Family name and other names (in full)	Date of Birth	Place of Birth	Capacity in which employed

