

RYA Sea Survival

A one-day course for anyone going to sea, providing an understanding of how to use the safety equipment on board your boat.

A genuine lifesaver

Cruising is one of the safest leisure sporting activities, and 99.9% of those afloat will never use their liferaft. However, if you are part of the unlucky 0.1% your chances of survival will be greatly increased if you understand how to use the equipment and how to help yourself.

It is a well-proven fact that, in the event of an emergency at sea, people with training are more likely to survive.

An important part of the course is a practical session in a swimming pool. Experience first hand the problems of entering an uncooperative liferaft and assisting others while fully kitted out in wet weather gear and a lifejacket.

Course topics include:

- liferafts and the equipment they contain
- survival techniques
- the design of lifejackets
- medical aspects of sea survival

search and rescue techniques

This course is a pre-requisite to Yachtmaster Coastal and Offshore Examinations.